

AEP Online Foundations Course Outline

Course Description

AEP Online Foundations is the online version of the Adoption Education Program. This course has 12 modules, with a new module opening up each week. Each module will be open for 2 weeks, opening on the Thursday and closing 2 weeks later on Wednesday at midnight. This should allow participants plenty of time to complete the coursework and assignments. Coursework demands approximately 5 hours a week of your time. There will be a one-week break after week 6 to allow participants time to rest, reflect and get caught up. There are 5 mandatory one hour live online discussions during the 15 week course.

Activities

The course is taught in a multi-media format and activities include:

- Reading articles
- Watching videos
- Listening to audios
- Watching presentations
- Offering written or audio journals
- Participating in online live group discussions
- Vocabulary building
- Answering questionnaires
- Taking quizzes

Evaluation

You will be evaluated based on understanding and mastery of the material, your behaviour and participation, as well as your ability to demonstrate self-awareness and reflection.

AEP-Online Goals

To enable prospective adoptive parents to make realistic, well-informed decisions about their capacity and readiness to parent a child by adoption by providing education about core issues in adoption, as required by the Adoption Regulations.

Course Outline

Module 1	Introduction
Topics:	Getting Started, Building our Community, Foster Care & Adoption
Discussion:	There is no live online discussion scheduled for this module.
Module 2	Attachment
Topics:	Introduction to Attachment, Attachment Related Challenges, Teens & Parents Talk about Attachment, Separation & Loss
Discussion:	This module includes a scheduled live online discussion.
Module 3	Separation & Loss
Topics:	

Discussion:	Introduction to Separation & Loss, Arousal Relaxation, Learning about Grief, Helping Children Cope with Grief & Loss There is no live online discussion scheduled for this module.
Module 4	Child & Adult Development
Topics:	Review of Arousal-Relaxation Cycle, Attachment, Transitioning, The Difference Between Chronological & Developmental Levels
Discussion:	There is no live online discussion scheduled for this module.
Module 5	Childhood Trauma
Topic:	Trauma, Introduction to Sexual Abuse, Responding to Sexual Abuse, Setting Boundaries
Discussion:	This module includes a scheduled live online discussion.
Module 6	Child & Youth Mental Health Issues
Topics:	Special Needs & Adoption, Introduction to Child and Youth Mental Health, Struggle for Control
Discussion:	There is no live online discussion scheduled for this module.
Module 7	Prenatal Exposure
Topics:	Prenatal Exposure & Adoption, Living with FASD
Discussion:	This module includes a scheduled live online discussion.
Module 8	Race & Culture
Topics:	Introduction to Race & Culture, Stages of Identity, Conspicuous Families, Understanding the Aboriginal Context in Adoption
Discussion:	There is no live online discussion scheduled for this module.
Module 9	Openness
Topics:	Introduction to Openness, Open Adoptions
Discussion:	This module includes a scheduled live online discussion.
Module 10	Legal Issues
Topics:	Learning about the Adoption Legislation, How Children Come into Care, Learning about Permanency Planning, Legal Rights & Legal Risks in Adoption, Post-Adoption Assistance
Discussion:	There is no live online discussion scheduled for this module.
Module 11	Predictable Adjustments
Topics:	Stages of Pre-Placement, Predictable Adjustments, Preparing for Placement
Discussion:	There is no live online discussion scheduled for this module.
Module 12	Summary
Topics:	Review of Adoption Language, Review of Adoption Timeline, Review of Questions for your Social Worker, Positive Discipline
Discussion:	This module includes a scheduled live online discussion.