AEP Online Refresher course outline

Course description

AEP Online Refresher is the online version of the Adoption Education Program designed especially for previous adopters and foster parents. This course is eight weeks long and has 7 modules, with a new module opening up each week. Each module will be open for 2 weeks, opening on a Thursday and closing 2 weeks later on Wednesday at midnight. This should allow participants plenty of time to complete the coursework and assignments. Coursework demands approximately 5 hours a week of your time. There are 3 mandatory one hour online live discussions during the 8 week course.

Activities

The course is taught in a multi-media format and activities include:

- Reading articles
- Watching videos
- Listening to audios
- Watching presentations
- Offering written or audio journals
- Participating in online live group discussions
- Vocabulary building
- Answering questionnaires
- Taking quizzes

Evaluation

You will be evaluated based on understanding and mastery of the material, your behaviour and participation, as well as your ability to demonstrate self-awareness and reflection.

AEP-Online goals

To enable prospective adoptive parents to make realistic, well-informed decisions about their capacity and readiness to parent a child by adoption by providing education about core issues in adoption, as required by the Adoption Regulations.

Course outline

Module 1	**Introduction**
Topics:	Getting started, building our community, foster care & adoption
Discussion:	This module includes a scheduled live online discussion.
Module 2	**Attachment**
Topics:	Introduction to attachment, attachment related challenges, teens & parents talk about attachment, separation & loss
Discussion:	This module includes a scheduled live online discussion.
Module 3	**Child & adult development**
Topics:	Attachment, cultural agreement, openness, transitioning, the difference between chronological & developmental levels
Discussion:	There is no live online discussion scheduled for this module.

Module 4	**Childhood trauma**
Topic:	Introduction to trauma, the impact of trauma and triggers, responding to trauma
Discussion:	This module includes a scheduled live online discussion.
Module 5	**Child & youth mental health issues**
Topics:	Introduction to child and youth mental health, common mental health issues, parenting strategies
Discussion:	There is no live online discussion scheduled for this module.
Module 6	**Legal issues**
Topics:	Learning about the adoption legislation, how children come into care, learning about permanency planning, legal rights & legal risks in adoption, post-adoption assistance
Discussion:	There is no live online discussion scheduled for this module.
Module 7	**Summary**
Topics:	Review of adoption language, review of adoption timeline, review of questions for your social worker, positive discipline
Discussion:	This module includes an optional live online discussion.