

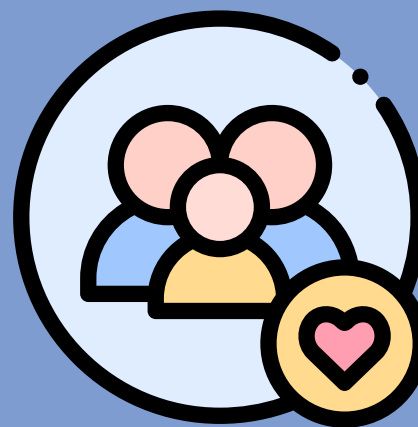
Trauma triggers in adoptive children and COVID-19

All adopted children and children from government care have experienced **adverse childhood experiences**.



They already have experience with **trauma** and that may cause them to have **trauma-based behaviours and reactions**, especially during stressful times.

Lots of families will experience **behaviour regression** with their children. This can be very alarming and difficult, but it is also a **normal reaction to this abnormal situation**.



Our **Family Support Workers** are skilled at dealing with these situations. They can give you specific tips on the behaviours your family is experiencing. **We're here for you!**



Adoptive Families
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